

FORT PECK SERVICE UNIT AVAILABLE SERVICES

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1. ADMINISTRATION: The Administrative Team is always available to assist the patient with concerns that they have with the healthcare delivery system. The Team consists of the Service Unit Director, Administrative Officer, Clinical Director, Chief Medical Officer and the Professional Service Specialist. They are available Monday through Friday, 8:00 A.M. to 4:30 P.M. Feel free to contact us any time that you have concerns, complaints, compliments or suggestions for improvement in our clinics and health care delivery systems. The phone numbers are: Poplar (406)768-3491 or Wolf Point (406) 653-1641.

2. ALCOHOL TREATMENT: Spotted Bull Treatment Center located in Poplar provides (Phase I) initial screening, assessments and evaluation. All detoxification's are done at IHS facilities. Critical cases may be referred directly to the hospital from the jail.

3. AMBULANCE: The Poplar and Wolf Point Ambulance Services are volunteer organizations. The services each have three ambulances, fully equipped and supplied for emergency care and transport as required by the state of Montana. The services provide emergency medical service to the towns of Poplar, Brockton, and Fort Kipp, Wolf Point, Oswego, and Frazer, Montana. All volunteers are EMT or First Responder Ambulance trained.

4. APPOINTMENTS / REGISTRATION:

Poplar: Patients can make their own appointments for clinic visits, these would include physical exams, pap smear, well child visits, and circumcisions. Appointments can be scheduled by telephone or in person by contacting the appointment clerk. All appointments for general clinic or specialty clinics should be referred by a physician. Arrangements for transportation can also be made by the appointment clerk in conjunction with contract health care as applicable. To make an appointment for transportation arrangements, call the appointment clerk at (406) 768-5449 or 768-3491, ext. 394.

Wolf Point: Appointments are made according to staff availability and physician schedules. To make an appointment for General Clinic, Dental, Mental Health, Prenatal, Nutrition, Audiology, or Specialty Clinics call (406) 653-1641. Appointments may be made in person or by telephone.

5. AUDIOLOGY: A licensed audiologist is available for the following audiological services: diagnostic hearing evaluation, tympanometry, hearing aid and evaluation and dispensing, hearing aid cleaning and repair, swim plugs and noise plugs, cerumen (ear wax management and

electronystagmography (ENG). In addition, ear, nose and throat (ENT) clinic is held through the audiology department once a month.

6. BUSINESS OFFICE: The business office is available to bill third party payers for services provided in the clinic. They can help answer your questions about Medicare and Medicaid letters. They are available Monday-Friday, 8 a.m. to 4:30 p.m.

7. CHR SERVICES: Includes Home Health Care to the aged and handicapped; delivering medications; dental care; ear, nose and throat (ENT) clinics; diabetic monitoring; hypertension monitoring and transporting patients to meet clinic appointments.

8. CONTRACT HEALTH SERVICES (CHS): Provides payment (full amount or the balance after a third party payment, i.e. private insurance, Medicare, etc.) for hospitalization, medical emergencies and specialty care for eligible Indian People that are referred by IHS physicians. In order to provide payment of medical bills, the following instructions need to be followed: All emergency treatment must be reported to a contract health service staff within 72 hours of beginning of treatment (report can also be to the Service Unit Director or Administrative Officer). Follow-ups and return visits to a contract provider must be authorized by CHS personnel before returning, however, CHS will authorize one follow-up visit. (Non-emergency referrals will be discussed at our CHS committee meeting at which time a determination will be made for authorization of payment). Approval for payment of medical bills is only authorized by CHS and not the physician.

9. DENTAL: Provides general dental care to children and adults. Dental emergency patients (toothache patients) will be seen on a walk-in basis between the hours of 8:00-10:00 a.m., Monday, Wednesday and Friday, and 12:30-2:30 on Tuesday. Toothache patients will be seen on a first-come, first-serve basis.

10. DIABETES PROGRAM: Services include diabetes education, nutrition counseling, foot and nail, patient follow-up visits, smoking cessation and supervised exercise. Blood glucose meters are distributed through the department. Appointments for diabetes clinic can be obtained by contacting the program secretary.

11. ENVIRONMENTAL HEALTH (638): Coordinates construction of facilities for safe and sanitary drinking water, sewage and solid waste disposal for individual homes and community systems. Conducts environmental health surveys of public buildings, schools and restaurants. Coordinates the community injury control program.

ENVIRONMENTAL HEALTH ENGINEERING SERVICES are available but now limited to drilling, solid waste disposal and elapsed E. H. Engineering services.

12. HEALTH EDUCATION: Provides one-on-one patient education and health training to community groups, schools and health workers. Assists in organizing preventive health projects in the community. Provides health-related audiovisual and written materials to groups and individuals.

13. LABORATORY: Diagnostic services are provided by a laboratory staffed with qualified personnel utilizing state-of-the-art equipment and techniques.

14. MENTAL HEALTH: Scope of Care and Services: Clinic services are provided by clinical psychologists. The services are offered to children, adolescents, adults, families, communities, and the boarding and public schools. There are individual, group, marital and family therapy sessions, along with art psychotherapy. Psychiatric consultation is provided, discharge planning, comprehensive psychological testing if needed. Educational testing for any learning problems. Referrals for consultation and liaison services, inservice training, education program, comprehensive prevention program. Inpatient psychiatric treatment referrals. Current staff of 4 psychologists.

15. NURSING: The staff provides a wide variety of services ranging from triaging patients to reviewing charts and assisting providers with procedures to administering medications. The nursing assistants also provide many services; preparing the room and patient for examination; taking vital signs, making appropriate referrals and cleaning instruments.

16. NUTRITION SERVICES: Fort Peck Tribes offer a full range of nutrition services to eligible clients. Dietitians from Frances Mahon Deaconess hospital, Glasgow, are on staff. Registered dietitians provide one-on-one nutritional counseling for walk-ins, by appointment and WIC participants. Nutrition education is also provided at Diabetic Clinics and Well Child Clinics.

17. OPTOMETRY: Provides diagnosis and treatment of eye and vision diseases and problems. The Optometrist looks for cataracts, glaucoma and bleeding. Your conditions are treated with lenses, medications and therapy. Referrals are made when appropriate. Modern equipment provides greater patient comfort. Optometric technicians provide scheduling and appointments besides frame and lens selection and dispensing. Frame repair and adjustment are available. Current staffed with 2 optometrists.

18. PHARMACY: The pharmacy department provides dispensing of prescription and over-the-counter medications, patient counseling, drug information, staff consultation and clinical support to the Poplar and Wolf Point Service Units. Pharmacy services are available during regular clinic hours. Currently staffed with 5 pharmacists.

19. PHYSICAL THERAPY: Services include aid to the handicapped, sports injuries, diabetic foot care, arthritic, fractures and amputations. These services are made available through a contract. These services are generally provided on Monday, Wednesday, and Friday.. Appointments are made through referrals by the Indian Health Services physicians.

20. PUBLIC HEALTH NURSING: The Public Health Nursing Department, also known as Community or Field Health Nursing, consists of five Public Health Nurses and a secretary. Services include home visits, patient education, follow-up for communicable diseases, immunizations and well child clinics. Referrals can be made via telephone call, in person or in writing.

21. RADIOLOGY: Services to patients in radiology are in the form of skull (including face and sinus), spine, trunk, abdomen and extremity radiographs. Ultrasound examinations include renal, abdominal to include gall bladder, pancreas, liver and aorta; gynecological and obstetrical.

22. RENAL DIALYSIS: The dialysis unit is owned and operated by the Fort Peck Tribes. The Fort Peck Tribe is licensed to operate a full dialysis (ESRD) unit under the provision of the state certification process. Since 1977, the service unit at Poplar has provided some form of dialysis therapy for a limited number of people. In January of 1988, a new dialysis unit was opened in the south wing of the Verne E. Gibbs IHS Clinic. With the new unit, the philosophy has changed to provide all patient's needs in a Medicare Approved Unit that meets the state and federal guidelines. The unit was designed to serve the need of the dialysis unit and has the capacity to treat sixty patients per week. The unit operates six days a week, from 7:00 A.M. to 3:30 P.M. Fort Peck Tribal Dialysis Project maintains an affiliation with Med Center One Dialysis Unit and Transplant Center in Bismarck, ND. Under the affiliation with Med Center One, the patient had a complete spectrum of choices available to him including dialysis, home dialysis, various forms of peritoneal dialysis and transplantation.

23. SOCIAL SERVICES: *Scope of Care and Services:* Discharge planning for patients in the community hospitals and IHS clinics in Poplar and Wolf Point. Psychosocial assessment for VC Re-Hab and dialysis. Consultations within the hospital, clinic and community. Child Protection Team services. Liaison with tribal programs, agencies and schools. Alternate resources for high cost cases with placements on emergency and long term. Home visits and coordinating nursing home placements, with ongoing quarterly reports on dialysis patients, as well as needed intervention for depression, housing and/or other services. Currently staffed with 2 social workers.

24. WOMEN, INFANTS AND CHILDREN: WIC provides nutritional assessment, education, and nutritious foods for women, infants and children who live on or near the reservation, have low family income and are a nutritional risk. To obtain WIC benefits, a person must have a WIC certification from signed by a nurse or doctor every six months and approved by WIC dietitian. Vouchers are then issued for food purchases. Nutrition counseling is available.

25. SPECIALTY CLINICS: Are available to the patients under contracts with various medical specialists. These services bring the specialist to the patient, making the clinics more convenient for the patient. The specialty clinics are posted in the lobby and walk-in area of the clinic. Patients are referred by IHS providers. The following is a list of the clinics:

- ENT/Audiology Clinic Nephrology Clinic
- Neurology Clinic Orthopedic Clinic
- Cardiology Clinic Pediatric Cardiology Clinic
- Pulmonary Clinic Rheumatology Clinic
- Minor Surgical Clinic Ophthalmology
- Psychiatrist Psychologist
- Treadmills Sigmoidoscopy
- Cranial/ Facial Clinic OB-GYN Clinic
- Developmental Assessment Clinic

26. Statistics

FORT PECK SERVICE UNIT ASSINIBOINE and SIOUX TRIBES

FY 1996 IHS Official Population	7,304
FY 1997 IHS Official Population	7,439*
FY 1995 IHS Official USER Population	8,427

Vern E. Gibbs Health Center, Poplar, Montana, 306 miles from Billings, Montana. The Health Center was constructed through a 638 Grant with the Fort Peck Tribes and opened in February 1978.

F.Y. 1995 - Direct Outpatient Visits: 33,668

Chief Red Stone Health Center, Wolf Point, Montana, opened for services in April 1990.

F.Y. 1995 Direct Outpatient Visits: 26,568

Inpatient Services - Community hospitals in Poplar and Wolf Point, Montana, and Williston, North Dakota via Contract Health Care. Indian Health Service physicians see patients at the Poplar Community Hospital and Trinity Hospital in Wolf Point, Montana, where the physicians have staff privileges.

*Projections are based on the modified 1990 census data.

OUTPATIENT WORKLOADS	FY95	FY94	FY93	FY92	FY91
Verne E. Gibbs Health Center: Total Outpatient Visits	33,668	32,270	31,624	32,934	31,285
Chief Redstone Health Center: Total Outpatient Visits	26,568	23,471	21,792	20,913	18,598
Poplar Community Hospital: Total Outpatient Visits	1,328	2,456	1,958	2,934	4,340
Trinity Hospital (Wolf Point): Total Outpatient Visits	534	1,370	955	737	1,704